

Baby Proofing Checklist

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LIVING SPACE

- Anchor furniture to wall
- Anchor TV wall or entertainment center
- Remove tablecloths
- Move unstable floor lamps behind furniture
- Cover sharp corners and edges
- Restrict access to fireplaces and gas stoves
- Move breakable objects out of reach
- Cords on blinds and curtains placed out of reach
- Cover electrical outlets
- Reroute or remove dangling electric cords
- Install pinch guards on doors

STAIRS & FALLS

- Install baby gates at top and bottom of stairs
- Move furniture away from deck and balcony railings
- Cover railings that are more than 3-3.5" apart
- Put non-slip pads under all rugs
- install window guards on accessible windows
- Restrict access to exercise equipment such as treadmills

TOXINS

- Move medications, vitamins, & supplements out of reach
- Move chemicals, alcohol, detergents, & cosmetics out of reach
- Remove poisonous houseplants
- Test for lead paint in an older house

KITCHEN

- Install drawer, cabinet, and chest locks
- Remove or cover stove and oven controls that are within reach
- Turn pot/pan handles away from the front of the stove
- Lock refrigerator and freezer doors
- Keep trash cans out of reach

BATHROOM

- Install toilet lock
- Turn hot water heater down to 120F
- Add soft cover to bathtub faucet

CHOKING

- Store plastic bags, balloons, & batteries out of reach
- Keep laundry pods, water bottle caps, out of reach
- Watch for door stopper caps, coins, & small magnets
- Restrict access to litter boxes and pet food/water

OFF LIMITS

- Restrict access to pool, landscape ponds or hot tubs
- Use baby gates or door knob covers for off-limits areas
- Store guns in locked case with ammunition stored separately

MISC.

- Discuss babyproofing with older siblings
- Check the batteries in smoke and carbon monoxide detectors
- Post numbers for pediatrician and poison control on your fridge